Infection Control Check Sheet: When all are well and no outbreak:

If COVID is found in the home or resident is sick please see other sheet for advanced precautions.

Before Video Consultation and Between Every Resident

[ ] 1. Wash hands with soap, rub hands vigorously at least 20 seconds, rinse and dry hands.

[ ] 2. Cover computer keypad and screen with provided plastic wrap.

[ ] 3. Cover intraoral camera with provided intraoral camera cover.

[ ] 4. Put on clean working jacket.

[ ] 5. Put on clean head cover.

[ ] 6. Put on N95 mask. Make sure to seal check each time you put on your mask. If you feel air coming in the side of the mask, it is not sealed well. Keep on entire do not change N95 between patients

[ ] 7. Put on disposable face mask or cloth mask to cover N95 mask.

[ ] 8. Put on clean face shield.

[ ] 9. Put on Gloves

[ ] 10. Have resident rinse with antimicrobial mouth rinse for one minute. For resident who can not rinse, use 2x2 with antimicrobial mouth rinse wipe teeth, gum, tongue and oral mucosa.

[ ] 11. Change gloves if touch anywhere outside of clean area. Change gloves if torn.

[ ] 12. Do not touch computer screen, intraoral camera cord, Lester Dine Extraoral Camera with dirty gloves.

[ ] 13. Encourage independence and have resident clean their teeth first when possible. Then help them.

[ ] 14. Make sure to clean resident's supplies after use. If we,t make sure it can air out

[ ] 15. Supplies used in resident's mouths should be stored in resident's room to avoid cross contamination

[ ] 16. If you need to get the resident, do not wear gloves out of the room and wash hands when you return.

After Video Consultation ! Remember ! You need to do this for every resident!

[ ] 1. Remove the dirty gloves. Wash hands with soap, rub hands vigorously at least 20 seconds. Dry hands and put on a pair of clean gloves.

[ ] 2. Remove the cover of the computer and intraoral camera.

[ ] 3. Use disinfecting wipes wipe the computer, table, intraoral camera cord, and anything been touched or splashed during the session. Do not wipe camera lens.

[ ] 4. . Make sure all latches on the Lester Dine Extraoral Camera are locked, then wash with disinfectant soap, water and washcloth. Do not wash or dry with paper towel

[ ] 5. Take off working jacket and put into plastic bag for dirty laundry

[ ] 6. Take off face shield and immediately clean it with alcohol and 2x2- spray, wipe, place in bin and spray again and allow it to air dry

[ ] 7. Take off headwrap and cloth mask and put in dirty laundry bag (if disposable mask throw away)

[ ] 8. Take off gloves and wash hands with soap, rub hands vigorously at least 20 seconds. Dry hands

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At the end of the day, use UV Sanitizer to clean N95 mask before putting it into paper bag to sit for a week. Also use the UV light to sanitize all equipment after a day of use. Run over computer, cameras, and any other equipment we have. Follow UV light instructions for proper use.

UV Light Instructions:

- **Light must be 5-10 cm away (2-4inches)**
- **Keep on area for 10 to 20 seconds**
- **repeat 3 times**
- **Caution: Do not shine in eyes, Do not handle with dirty hands or gloves**

Mask Considerations:

- **You should have three masks and they can be used 5 times before being discarded.**
- **We will send you 3 masks every 5 weeks (We do GOH in this facility 3 times per week). If we forget please remind us. It is a good idea to write the date you will need a new one on a paper bag so you can remind us.**
- **Every time you remove your N95 mask for any reason, use the UV sanitizer on both sides before putting it back on. If you remove your cloth mask or surgical mask replace it.**
- **DON'T touch your mask- It is like underwear for your face. If you touch it, immediately wash your hands. This is the hardest part…**